

REIKI CENTRE OF INDIA
ANNUAL REPORT 2024-2025

Reiki centre of India has been expanding its horizons each year with the dynamic leadership of Dr.P.S.Lalitha and her associates with their quantum collective efforts through the core activities and awareness programmes to meet the objective of the organization. Contribution towards serving the masses, has proved to be transformative and impactful in uplifting their lives which is in Alignment with the mission and larger vision of our organization - "Holistic Health for all" in keeping the banner high of Reiki Centre of India to spread the divine light, hope through Dr.P.S.Lalitha's Art of Healing with the Calibre team of Masters and Grand Masters produced by Dr.P.S.Lalitha -the founder, Reiki Centre of India. With the clear Motto of one universe, divine energy and one family, with the successful 2024 proceeding we stepped firmly into the 26th year of celebrating the World Reiki day under Dr.P.S.Lalitha the dynamic leadership in 2025 with renewing spirits.

The team of Reiki Centre of India had been sharing the efforts dauntlessly with their grit and determination to touch many lives who are becoming a living example in the healing realm with integral consciousness towards serving the humanity..Healers, Masters and GrandMasters produced by Dr.P.S.Lalitha and her disciples are offering the services from the respective places towards the needy through different modes systematic approach by the art of Healing that fulfills our mission by conducting regular core activities and Class to

spread the incredible work of Dr.P.S.Lalitha's Art of Healing... with consistent qualitative Efforts ...

Regular Core Activities:

- Distance Healing sessions through Dr.P.S.Lalitha Healers Group
- Universal Consciousness (Tamil Meditation)- series
- Inculcated Moral values through Epic of Athichudi and Kondraivendan /ikkigai
- Healing camps
- Offline and online class

Activities of 2024-2025:

- **January 1 st 2024** – Art Exhibition on Reiki , Kumbakonam
- **January 6 & 7 th 2024-** 25 th World Reiki Day celebration (Reiki Conclave)
- **Jan 15 th , 2024** – Pongal Celebration – Telecast of Tamil Guided Meditation had been done through GTV .
- **Jan 26 th , 2024** – Saturday meditation series with an aim to cultivate the spiritual alignment and self discipline in children along with inner peace and focus towards study is initiated by Dr.P.S.Lalitha.
- **March 4th, 2024** – Healing Camp was organized at Kudikatha Marriamman Temple.

- **April 6 th , 2024** – Healing Camp organized at Dr.P.S.Lalitha Holistic Clinic,Chennai.
- **April 11 th , 2024** – Healing Camp organized at Devananchery at Municipality Community Hall.
- **April 21 st , 2024** – Chitra Pournami Meditation was conducted by

Mrs.Kalabhashini from Hyderabad, disciple of Dr.P.S.Lalitha.

- **May 1st,2024** - Awareness programme for Painters –Pidelite industries Ltd On Holistic Health
- **August -15th,2024-** Special programme on Independence day.
- **September 11, 2024** - Awareness Programme for Nursing Community- For Kongu Nagar Nadu Nursing College Puliampettai.
- **October & November , 2024** – Awareness Created through the videos of dr.P.S.Lalitha mam on Development of Chakras.
- **December, 2024** – Executive meeting held for World Reiki Day, 2025
- **Jan 5th, 2025-** World Reiki Day, 2025 (26th Anniversary) –On the theme “Reiki – Path to oneness”
- **Jan 26th, 2025** – Telecast of our Annual Event World Reiki Day Event, at Sub-urban region which has cover nearly 24 areas...at Kumbakonam zone
- **Jan 29th & Jan 31st, 2025** – ICAI institute Lecture on stress Management and Meditation in handling Business ...34 students benefitted, this year 2025, the curriculum had stress management and Mindfulness meditation...Ms.Sridevi Resource person from Reiki Centre of India addressed the students on the given topic along with the practical tips

and practice which made the students to understand the essence of meditation and daily application to bring integrated health to all...to achieve their respective goals.

- **Feb , 2025** – online class initiated for Reiki
- **March 8th, 2025** – Women’s day programme – with due honour to women, RCI Healing camp conducted – from 8 am to 1.15 noon through online. People from U.S, Erode, Chennai, Thiruvallur, Kabistharam got benefited for their respective ailment and found to be impactful with the participation of 8 members each were given 15 mins to get healed...the participants found immediate relief and proved to be satisfactory to us and to the healees... Ailments such as Headache, Pain due to thyroid and fibroid, stiffness in neck, Body ache, sole feet irritation, family healing , depression got sorted out with the help of Reiki healing – Dr.P.S.Lalitha’s “ART of HEALING”.

- Department of Mathematics, Govt. Women’s college – Kumbakonam has organized the programme “EMPOWER YOURSELF WITH HEALING”. Under the banner of “Helping Hearts” to instill the social service and humanitarian spirit in students with an objective to mould the students for their holistic development of the individual and the well-being. It ensured the students learnt one of the art of healing and they had learnt tips on how to balance their body and mind with the practical experiential learning that will be handy to use and also to serve the humanity when they reach out ...The programme benefited 150 students with 5 faculty members and proved to be fruitful.

Outcomes :

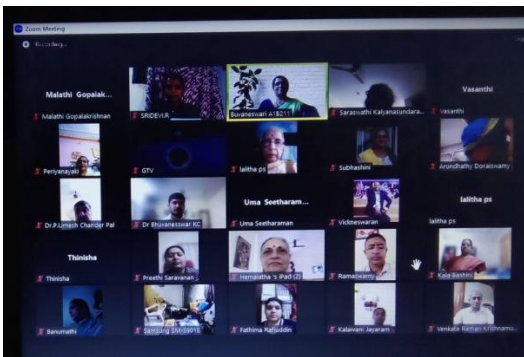
- Awareness on Reiki.
- Addiction nullified at certain streets and areas.
- Sustainable Livelihood to people of Suburban areas.

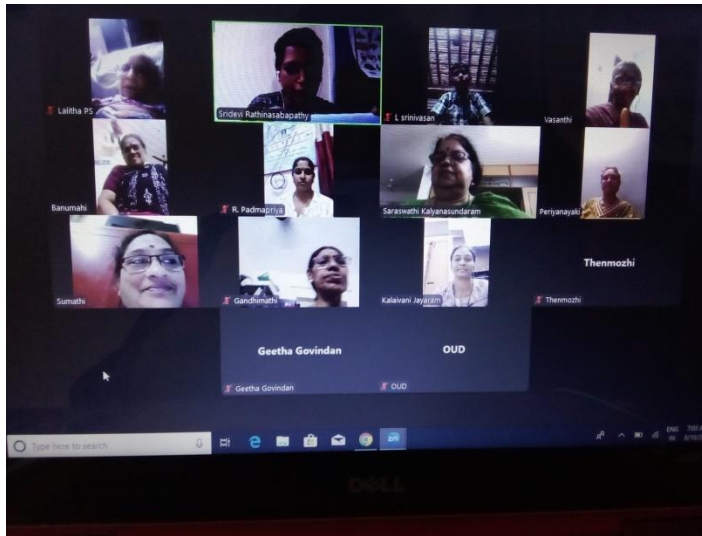
- ❑ Transformations in children.
- ❑ Brought self realization, one-ness in the circle of influence.

Jan 1st, 2024 – Art Exhibition on Chakras



Jan 6 & 7th, World Reiki Day 2024





**Jan 26th, 2024 – Initiation of
Saturday Universal Consciousness**

Healing camp at Temple sites



Healing camp at Devananchery

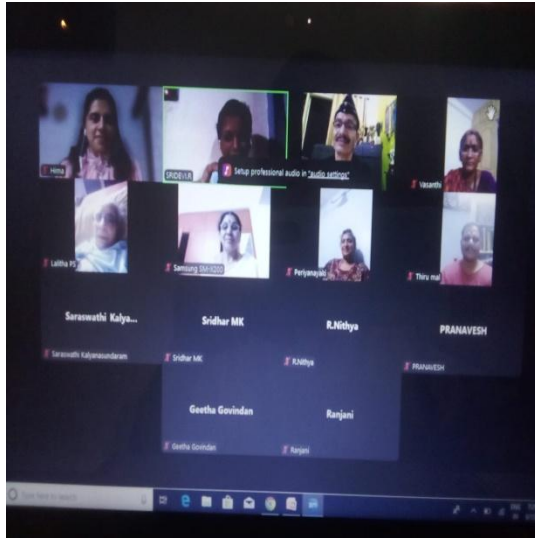


Awareness program for painters organized by Pidlite industries

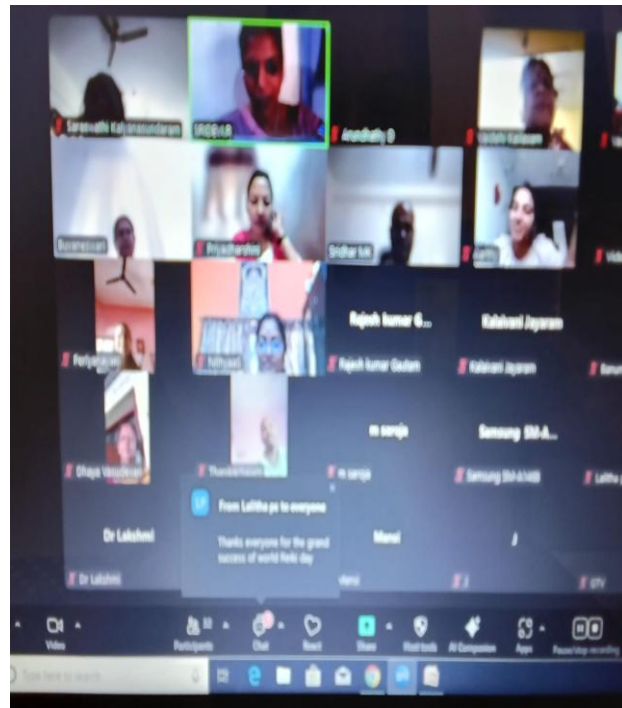
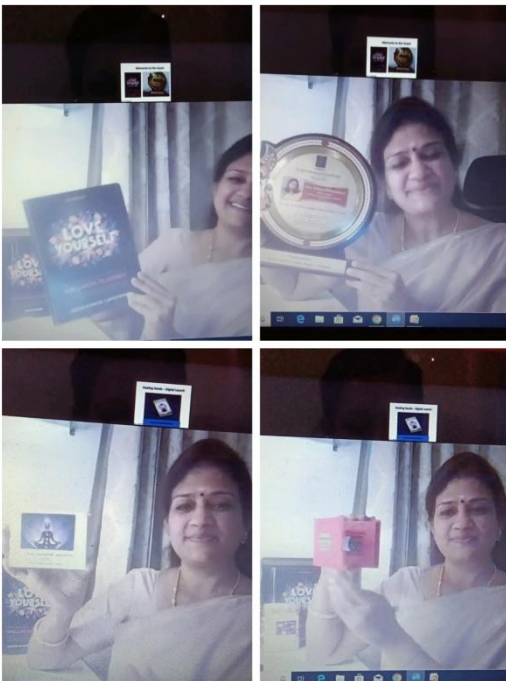


August 15th, 2024 – Independence day programme

Chief Guest : Rajesh kumar Gautam (Retd. Master Chief Petty Officer)



Jan 1st, 2025 – 26th World Reiki Day celebration





Date: 11.3.2025

**Department of Mathematics, Govt. Women's College-
Kumbakonam.**